



My SKILLSfuture

User Guide on 'Know Yourself'
(Secondary)

TABLE OF CONTENTS

1	Know Yourself.....	3
---	--------------------	---

1 KNOW YOURSELF

Find Out More About Yourself

Discover more about your career interests, skills and work values. These tools are meant to facilitate self-awareness and exploration, and can guide you in planning your education and career pathways. Do speak to your parents, teachers and Education and Career Guidance Counsellor for further advice.

Career Interests
Continue

Skills Confidence
Continue

Work Values
Continue

Which tool should I start with?
Every tool here allows you to discover a different aspect of yourself. It will help to bring you a step closer to finding the educational and career pathway most suited for you.

Find Out More

Get to Know Yourself Better
Take this short quiz to discover your career interests profile - a quick way to explore what makes you unique.

Start the Quiz

History

YOUR RESULTS LISTING	GENERATED ON	ACTION
Your Career Interests	03/10/2025 10:17	
Your Skills Confidence	05/01/2025 22:32	
Consolidated Report		

Search Job Roles by Career Interests

The six career interest types are Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C). Select the first 3 letters identified as your interest. Place them in any preferred order to generate a list of job roles for further exploration.

R Realistic **I** Investigative **S** Social

Show Matching Job Roles

Figure 1-1: Know Yourself (After Login)

The **Know Yourself** section helps you discover more about your **Career Interests**, **Skills Confidence** and **Work Values** through these 3 tools:

- Career Interests – Find your Holland Personality type related to career interests
- Skills Confidence – Find your Holland Personality type related to your confidence in skills
- Work Values – Find your work values and the types of work you will find satisfying and rewarding